

2025 VA Xcel GPDS Championships

Team Results

May 2-4, 2025

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Women / XG / All Ages

Session: All

Rank	Gym	Team	Score				
1	Woods	*	115.850	28.775 4	28.825 4	29.375 1T	28.875 5
2	Paragon VA	*	115.750	28.800 3	29.150 1	29.250 3T	28.550 20T
3	Dulles	*	115.500	28.400 15T	28.950 2	29.250 3T	28.900 4
4	Ocean Tumblers	*	115.450	28.825 2	28.450 17T	29.125 9T	29.050 1
5	All American (VA)	*	115.375	28.425 13T	28.875 3	29.375 1T	28.700 14
6	Novaks	*	115.125	28.875 1	28.550 13	29.075 13	28.625 16T
7	CORE	*	115.000	28.425 13T	28.475 16	29.250 3T	28.850 6
8T	Aerial East	*	114.875	28.250 25	28.575 10T	29.125 9T	28.925 2T
8T	Dynamic (FC)	*	114.875	28.475 10T	28.625 6T	29.050 14	28.725 11T
9	Gym Inc.	*	114.850	28.550 7T	28.575 10T	29.100 12	28.625 16T
10T	Gym America	*	114.600	28.675 5	28.325 24T	29.150 8	28.450 24T
10T	BRAG	*	114.600	28.475 10T	28.600 8T	28.800 27	28.725 11T
11T	Hart	*	114.575	28.200 27	28.775 5	29.125 9T	28.475 23
11T	Capital	*	114.575	28.225 26	28.625 6T	28.925 18	28.800 8
12T	Twist	*	114.450	28.375 19	28.100 30	29.200 7	28.775 9T
12T	Astro	*	114.450	27.975 35	28.600 8T	28.950 17	28.925 2T
13	World Class	*	114.325	28.325 20T	28.525 14	28.650 31T	28.825 7

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14	Stafford Royals	*	114.250	28.325 20T	28.400 20T	28.850 25T	28.675 15
15	Dreams	*	114.200	28.525 9	27.875 38T	29.225 6	28.575 18T
16	GMS	*	114.150	28.400 15T	28.450 17T	28.900 19T	28.400 27T
17	Excalibur	*	114.075	28.175 28T	28.150 29	28.975 15T	28.775 9T
18	Apollo	*	114.000	28.175 28T	28.500 15	28.900 19T	28.425 26
19	Prestige VA	*	113.975	28.400 15T	28.450 17T	28.400 42	28.725 11T
20	Apex	*	113.925	28.550 7T	28.175 28	28.650 31T	28.550 20T
21	TWA	*	113.900	28.400 15T	28.575 10T	28.600 35	28.325 33T
22T	North Mountain	*	113.875	28.025 33T	28.300 26	28.975 15T	28.575 18T
22T	Youth Sports	*	113.875	28.175 28T	28.400 20T	28.900 19T	28.400 27T
23	River City	*	113.475	27.850 39	28.325 24T	28.900 19T	28.400 27T
24	Classics	*	113.400	28.275 24	28.025 33T	28.875 23T	28.225 37
25	Balance	*	113.375	28.475 10T	27.825 41	28.775 28	28.300 35T
26	Head Over Heels	*	113.200	28.175 28T	27.950 36T	28.550 36	28.525 22
27	VIGS	*	113.050	28.300 22T	28.075 31	28.500 38T	28.175 38
28	VEGA	*	113.025	28.100 32	28.000 35	28.850 25T	28.075 39T
29T	Xtreme Heights	*	113.000	27.450 47	28.350 23	28.875 23T	28.325 33T

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29T	Tidewater	*	113.000	27.925 36T	28.050 32	28.625 34	28.400 27T
30T	Dynamic (L)	*	112.900	28.575 6	28.275 27	28.200 45	27.850 48
30T	G Force	*	112.900	28.300 22T	27.725 44	28.475 41	28.400 27T
31	Gymstrada	*	112.575	27.675 40	28.375 22	28.150 47	28.375 32
32	Roanoke Academy	*	112.225	27.650 41	28.025 33T	28.675 30	27.875 47
33	GGC	*	111.975	27.575 43	27.775 42T	28.325 43	28.300 35T
34	Richmond Twisters	*	111.950	28.025 33T	27.775 42T	27.700 50	28.450 24T
35	Blue Ridge	*	111.800	27.275 50	27.875 38T	28.650 31T	28.000 44
36	Chantilly Academy	*	111.775	27.550 44T	27.625 45	28.525 37	28.075 39T
37	Fairfax	*	111.725	27.925 36T	27.850 40	28.175 46	27.775 49
38	MEGA-DC	*	111.550	27.500 46	27.500 47	28.500 38T	28.050 43
39	Skyline-VA	*	111.400	27.375 48T	27.525 46	28.750 29	27.750 50
40	Hope	*	110.950	27.200 51	27.300 52	28.500 38T	27.950 45
41	Arlington Aerials	*	110.775	27.875 38	27.450 48T	28.300 44	27.150 53
42	Virginia Techniques	*	110.725	27.600 42	27.000 53	28.050 48	28.075 39T
43	Gryphon Gymnastics	*	110.325	26.900 53	27.950 36T	27.400 51	28.075 39T
44	Shenandoah Tumblers	*	109.875	27.550 44T	27.450 48T	27.225 52	27.650 51

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45	YMCA Angels	*	109.025	27.175 52	27.325 51	27.125 53	27.400 52
46	LoCo	*	108.300	27.375 48T	27.425 50	26.375 54	27.125 54
47	Full Force	*	108.150	25.500 56	26.850 54	27.900 49	27.900 46
48	Elite Athletics	*	106.275	26.800 54	26.250 56	26.225 55	27.000 55
49	Cardinal	*	105.075	26.325 55	26.600 55	25.300 56	26.850 56