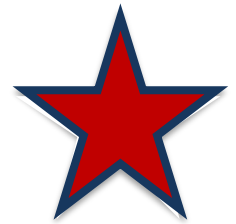




# *Virginia State Championships*



*Levels 8-9-10*



March 21-22-23, 2025

Hosted by **World Class Gymnastics**  
Boo Williams Sportsplex, Hampton VA



# 2025 VA State Championships: Levels 8-9-10

## Meet Information

- Dates:** March 21-23, 2025  
The final schedule will be posted after the State Entry deadline. The *tentative* schedule:  
Level 10: Friday late afternoon or evening  
Level 9: Saturday  
Level 8: Sunday with a possibility of Sat. late afternoon/evening
- Host Club:** World Class Gymnastics  
343 Bell King Rd, Newport News, VA 23606  
757-881-9920 gym 757-881-9923 fax  
Email: [Gymsme2@aol.com](mailto:Gymsme2@aol.com)  
Club: [www.worldclassgym.com](http://www.worldclassgym.com)
- For Information & Updates:** Go to <https://vausag.com/va-state-meet-information/>
- Contact:** Steve Garman, VA SACC, email at [vausag@gmail.com](mailto:vausag@gmail.com)
- Meet Director:** Debbie Le Moal, email: [gymsme2@aol.com](mailto:gymsme2@aol.com)
- Venue:** Boo Williams Sportsplex, 5 Armistead Pointe Parkway, Hampton VA 23666  
<http://www.boowilliamssportsplex.com/> Directions on last page.
- Qualifying Info:** Qualifying scores to State:  
**Level 8:** 33.00 AA 8.50 IES  
**Level 9:** 32.00 AA 8.50 IES  
**Level 10:** 32.00 AA 8.50 IES  
Please refer to the **Entry Instructions** in the VA USA Gym Member Handbook – Section 5 - <https://vausag.com/va-state-handbook/> for full entry procedures.
- Entry Procedures:** Go to [www.VAUSAG.com](http://www.VAUSAG.com), click on VA USA Gymnastics Information tab, select VA Member Club Handbook, go to Section 5. Clubs must enter their State Meet via the USA Gymnastics Meet Reservation System through their Club Administration Page.
- Entry Fee:** \$150.00 per athlete payable to **VAUSAG** and mail to:  
**Steve Garman, VAUSAG SACC**  
**3116 Knoll Drive**  
**Falls Church, VA 22042**
- Entry Deadline:** **Monday, February 24, 2025.**
- Late Fee:** \$25.00 per athlete for late &/or incomplete entries.  
*NO teams or athletes are officially entered until state meet entry fees are received.*

Please note the rule change as stated in **Rules and Policies 2024-2025**, page 77:

<b>Chapter 8 – DEVELOPMENT PROGRAM</b>	
<b>IV. DROPPING BACK THROUGH THE DEV LEVELS</b>	
<b>A. DECLARATION DATE:</b> The SAC (State Administrative Committee) must determine prior to the beginning of the competitive year, a designated "declaration date".	
<b>1.</b> The program (DEV or XCEL) competed first after the "declaration" date will determine that athlete's program (DEV or XCEL) for the remainder of that season.	
<b>2.</b> Once a gymnast has competed in a sanctioned event past the declaration date, she may NOT drop back to a lower DEV level in the same competitive season.	

### **VA USA Gym**

#### **Senior Bio Form:**

Go to the Virginia USA Gym State Meet Information page at <https://vausag.com/va-state-meet-information/> to find the link to the Senior Bio Form.  
Clubs & Coaches please complete a VA Senior Bio Form for each graduating athlete to be recognized during the award ceremony at their VA State Meet.

### **Region 7 Championships**

#### **Entry Procedures:**

Go to Region 7 website under "Meets" for updates & information.  
<https://www.region7usagym.com/meets>

### **Virginia Athlete Regional Meet Prequalification Procedures:**

Go to the VA State Handbook Table of Contents at <https://vausag.com/va-state-handbook/> to review **FORM 9** which provides VA directions for reporting intent to prequalify Level 9 & 10 athletes ONLY to their Region 7 Championship meet. Here is a link to the Google Form to be completed by clubs: *(Instructions Included at top of form)*: <https://forms.gle/iJr57oXJoag6SPqz9>

### **Regional Information For Levels 8, 9 & 10**

#### **Athletes:**

Go to the Region 7 Site for specifics on qualifying to Region 7 Championships  
<https://www.region7usagym.com/meets>

- Prequalification is for Level 9 & 10 All Around Athletes ONLY

### **State of Virginia Regional Apparel Order Form:**

Forthcoming

### **World Class – L8-9-10 Electronic State Meet Good Luck & Graduating Senior Recognition Form Due to**

**World Class Contact: Monday, March 3<sup>rd</sup>, 2025 - See Form Included in this Packet.**  
**World Class - L8-9-10 Electronic State Meet Good Luck & Graduating Senior Recognition Form**

**Coaches:** Coaches must be entered through USA Gymnastics' Meet Reservation System. Coaches must present current USAGym Professional Membership QR/credentials at check in. There will be a Coaches Meeting at the beginning of each session. Hospitality will be provided between sessions. Snacks and water will be available all day.

**Meet Format:** Modified Capital Cup

**Equipment:**  
**Vault Board:** AAI TAC/10 Vault Board  
**Vault Tables:** AAI TAC/10 Vault Table  
**Bars:** AAI EVO Elite Bars  
**Beam:** AAI Elite RA Balance Beam, 12cm base mat  
**Floors:** AAI Artistic Floor Exercise System  
**Mats:** 8" skill cushions, 4" supplemental throw mats and sting mats available at every event.

**Floor Music:** All coaches MUST provide Floor Exercise music in digital format (MP3, computer, tablet, smart phone etc.). All electronic devices must have a display screen and must be on airplane mode, when applicable. ALL FLOOR MUSIC MUST BE IN DIGITAL FORMAT. CD playback equipment will not be provided.

**Trainer:** An onsite trainer will be available for all coaches and gymnasts during warm-ups and competition.

**Gate Fees:** **CASH ONLY**

<b>State Meet Gate Fee Chart</b>		
<i>*Charged in Outside Facilities</i>		
<b>Age Group</b>	<b>One Day Pass</b>	<b>Two Day Pass</b>
<b>Under 12</b>	<b>FREE</b>	<b>FREE</b>
<b>12 years &amp; older</b>	<b>\$10.00</b>	<b>\$15.00</b>
<b>Senior Citizens</b>	<b>\$5.00</b>	<b>\$10.00</b>

*Gymnasts competing at Level 8-9-10 Championships are not charged for any session.*

## Host Hotels:

**Element Hampton Peninsula Town:** 1851 Merchant Lane, Hampton, VA 23666. \$141/night for King, \$145/night for queen/executive king (plus tax) 757-251-6586 Ask for "VA State Championships" to get the block rate. Cut off 3/6/25.



**Hampton Inn-Hampton and Newport News:** 3101 Coliseum Dr, Hampton, VA 23666:



Booking Link: [World Class Gymnastics - VA Level March 20-23, 2025](#)

- Room Type: Two Queen, \$120.00 plus tax
- Rate Code: CHH 9G
- Booking Deadline: February 27, 2025
- Cancellation Deadline: March 17, 2025

**Courtyard by Marriott:** 1917 Coliseum Dr. Hampton, VA 23666, 757-838-3300, \$169/night for Double Queen, \$149/night for king with pull out sofa (tax additional). 757-838-3300 ask for World Class Gymnastics or VA State Championships. Cut off Feb 16, 2025



For Courtyard by Marriott: [State Championship Reservation Link](#)

**2025 VA State Championships: Levels 8-9-10**  
**World Class Electronic**  
**Graduating Senior & Team Recognition**

No charge for graduating seniors or for sending a shout out to your team!

**Graduating Seniors:**

Please email a HEAD SHOT so that we can include you in the senior slide show. Email to [worldclassprograms@outlook.com](mailto:worldclassprograms@outlook.com). In the subject line write, SENIOR and your name. In the body of the email, write (1.) your name, (2.) your team, (3.) your high school's name and (4.) name of the college you will be attending if you know already. Please read the rest of the form for general information about pictures. No charge to be included in the Senior slide show. **Deadline Monday, March 3, 2025.**

**“Good Luck to Teams” Pictures:**

If you would like to send in a team picture to be included in the slide show, please have the CLUB CONTACT as listed on the MRS entry email [worldclassprograms@outlook.com](mailto:worldclassprograms@outlook.com). In the subject line write, TEAM PICTURE name. In the body of the email, write (1.) your team's name (2.) CLUB CONTACT information. No charge to be included in the “Good Luck to Teams” section. Please read the rest of the form for general information about pictures. **Deadline Monday, March 3, 2025.**

***We would like to include every graduation senior and every team at NO charge!***

World Class Gymnastics would like to recognize all graduating seniors  
and all teams for competing in Level 8-9-10 State.

Remember to email [worldclassprograms@outlook.com](mailto:worldclassprograms@outlook.com). No later than Monday, March 3, 2025. Please follow the directions so we can clearly identify the graduating senior and the teams.

**Pictures must be at least 300dpi. Provide final ads in these formats: pdf, Microsoft Word, PowerPoint or Publisher.** The quality picture supplied will determine the clarity in the slide show.

***Special reminder to Graduating Seniors:***

***Remember to complete the Senior Bio Form, too. Located on the State Meet Information Page Under L8-9-10 State Meet***

**Restaurants and Activities**

**Restaurants, Shopping and Movies:**

The Boo Williams Sportsplex is located in Coliseum Central area and near Peninsula Town Center, a premier new-style shopping center with shops and restaurants. [www.peninsulatowncenter.com](http://www.peninsulatowncenter.com) In Coliseum Central there are plenty of malls, restaurants and activities. To see shops and activities in Hampton, go to [www.visithampton.com](http://www.visithampton.com).

Williamsburg and surrounding areas have tons of shopping and quality outlet malls. People travel from far and wide to shop in Williamsburg. [www.visitwilliamsburg.com](http://www.visitwilliamsburg.com) Williamsburg is an easy 20 to 30 minute drive. Go West on I64 and follow the signs.

**Activities:**

Yorktown and Jamestown are both historic and fun. Yorktown is about 15 minutes and Jamestown is about 35 minutes away. For more information, go to [www.historyisfun.org](http://www.historyisfun.org).

Colonial Williamsburg is both a place of history and shops and restaurants, and about 30 minutes away. To learn more about the historical part, go to [www.history.org](http://www.history.org). For shops and restaurants within Colonial Williamsburg and across from the College of William and Mary, go to [www.merchantsquare.org](http://www.merchantsquare.org).

Virginia Beach is fun any time of year. It is about 45 minutes to the resort/board walk area. For more information, go to [www.vbfun.com](http://www.vbfun.com).

Busch Gardens Williamsburg is OPEN on the L8-9-10 State Championships weekend. Busch Gardens is about 20 minutes away. For more info go to [Amusement Park, Rides, Attractions & Animal Encounters - Williamsburg, Virginia | Busch Gardens](#).

*Come for the CHAMPIONSHIPS, but have a little fun in our area too!*



### Directions & Parking: Boo Williams Sportsplex

**Boo Williams Sportsplex is located at the intersection of Armistead Ave and Hampton Roads Center Parkway. 5 Armistead Pointe Parkway, Hampton, VA 23666.**

<http://www.boowilliamssportsplex.com/> look under *Plan Your Visit*

*For people traveling from Williamsburg and Points North*

1. Take I-64E
2. Take exit 261B for Hampton Roads Center Parkway E
3. Merge onto Hampton Roads Center Parkway and cross Armistead Avenue to enter the Boo Williams Sportsplex parking lot.

*For people traveling from Suffolk, Chesapeake*

1. Take I-664 North toward Newport News
2. Merge onto I-64 West via exit 1A on the Left toward Williamsburg/Richmond
3. Merge onto VA-134 N/MAGRUDER BLVD. via exit 262B toward NASA/Poquoson
4. Turn Right on Hardy Cash Drive
5. Turn Left on Coliseum Drive
6. Merge Right onto Hampton Roads Center Parkway and cross Armistead Avenue to enter the Boo Williams Sportsplex parking lot.

*For people traveling from Norfolk, VA BEACH*

1. Begin on I-64 West toward Hampton/Richmond
2. Merge onto VA-134 North/MAGRUDER BLVD via exit 262B toward NASA/Poquoson
3. Turn Right onto Hardy Cash Dr.
4. Turn Left onto Coliseum Drive
5. Merge Right onto Hampton Roads Center Parkway and cross Armistead Avenue to enter the Boo Williams Sportsplex parking lot.