



2025 VA Women's Level 8, 9, & 10 State Championships Session Times

Friday, March 21st

Session 1	5:00 PM	Open Stretch
Level 10	8:45 PM	Awards & L10 Senior
All Ages		Recognition

Saturday, March 22nd

Session 2	9:00 AM	Open Stretch
Level 9	12:30 PM	Awards
Ages: 15 & Younger		

Session 3	12:45 PM	Open Stretch
Level 9	3:15 PM	Awards & L9 Senior
Ages: 16 & Older		Recognition

Session 4	4:00 PM	Open Stretch
Level 8	7:00 PM	Awards & L8 Senior
Ages: 14-Sr & Older		Recognition

Sunday, March 23rd

Session 5	9:00 AM	Open Stretch
Level 8	12:00 PM	Awards
Ages: 14-Jr & Younger		

*Live scoring will be available at
MeetScoresOnline.com and myUSAGym.com*

*Schedule subject to change due to late entries and scratches.
Check for updates at vausag.com*