



2024 VA Women's Levels 5-6-7 State Championships Session Times

Friday, April 5th

Session 1 1:30 PM Open Stretch
Level 5 4:15 PM Awards
Ages: 11-JrB and Younger

Session 2 4:30 PM Open Stretch
Level 5 7:00 PM Awards
Ages: 11-Sr and Older

Saturday, April 6th

Session 3 8:30 AM Open Stretch
Level 6 10:45 AM Awards
Ages: 13-Sr and Older

Session 4 11:00 AM Open Stretch
Level 6 1:15 PM Awards
Ages: 11-JrA and Younger

Session 5 1:30 PM Open Stretch
Level 6 4:30 PM Awards
Ages: 11-JrB to 12-JrB

Session 6 4:45 PM Open Stretch
Level 6 7:00 PM Awards
Ages: 12-SrA to 13-JrB

Sunday, April 7th

Session 7 8:30 AM Open Stretch
Level 7 11:45 AM Awards
Ages: 13-JrB and Older

Session 8 12:00 PM Open Stretch
Level 7 3:15 PM Awards
Ages: 13-JrA and Younger

*Live scoring will be available at
MeetscoresOnline.com and myUSAGym.com*

*Schedule subject to change due to late entries and scratches.
Check for updates at vausag.com*