



## 2024 VA Women's Level 8, 9, & 10 State Championships Session Times

### Friday, March 22nd

Session 1	5:00 PM	Open Stretch
Level 10	8:30 PM	Awards & L10 Senior
All Ages		Recognition

### Saturday, March 23rd

Session 2	9:00 AM	Open Stretch
Level 9	12:15 PM	Awards
Ages: 15 & Younger		

Session 3	12:30 PM	Open Stretch
Level 9	3:15 PM	Awards & L9 Senior
Ages: 16 & Older		Recognition

Session 4	3:30 PM	Open Stretch
Level 8	6:15 PM	Awards & L8 Senior
Ages 15-Sr & Older		Recognition

### Sunday, March 24th

Session 5	9:00 AM	Open Stretch
Level 8	12:00 PM	Awards
Ages: 13 & Younger		

Session 6	12:15 PM	Open Stretch
Level 8	2:45 PM	Awards
Ages: 14 to 15-Jr		

*Live scoring will be available at  
[MeetScoresOnline.com](https://MeetScoresOnline.com) and [myUSAGym.com](https://myUSAGym.com)*

*Schedule subject to change due to late entries and scratches.  
Check for updates at [vausag.com](https://vausag.com)*