



Silver Spectacular

*In conjunction with the Inaugural Region 7
Xcel Gold * Platinum * Diamond * Sapphire
Regional Championships*

June 1-4, 2023

Competition Information

Competition Dates: June 1-4, 2023

Competition Site: The Nittany Valley Sports Centre
177 Champion Drive
State College, PA 16803

Meet Host: Region 7 and Centre Elite Gymnastics

Meet Website: www.region7usagym.com/meets

Entry Fees: \$125/ Gymnast , \$50/ Team **Registration numbers will be limited.**

Competitive Levels: Xcel Silver– No Qualification Required.

Registration: All registrations must be made through USAG Meet Reservations & MeetMaker.com. Registration fee is \$125/ athlete , \$50/ team (minimum 3 athletes)- online payment is required at the time of registration. A \$25/gymnast late fee will be added through MeetMaker for registrations completed after May 11, 2023.

Meet Format: Modified Capitol Cup– 1 Gym with 2 sets of identical equipment & 1 floor. Timed warm-ups per level of gymnast will occur prior to competition– there will be no 30 second touch.

Music: All floor music must be downloaded to an iPad, iPod or MP3 player before the competition. **Online streaming or downloading of music will not be available.**

Awards: Individual event & All-Around awards will be presented to each age group at the conclusion of the competition. Team awards will be presented at the conclusion of the competition.

Competition Schedule: Sessions will be determined by level and age groups– there is NO team competition. Final session times will be emailed to addresses used to register athletes in MeetMaker as well as posted to region7usagym.com, meetmaker.com and centreeelitegymnastics.com.

Competition Information

Coaches Information: All coaches planning on coaching during the competition MUST be registered through USA Gymnastics Reservation System for membership verification. Coaches must present their current USAG Professional Member card at sign in. Any coach not registered will be unable to coach until membership verification has been completed. ***We are planning on running 3 competitive gyms at the same time. Sessions will be determined by age groups so you may have athletes competing in all 3 gyms at the same time. Please plan to staff appropriately.***

Meet Updates: Meet updates will be emailed to the email address used when registering athletes in MeetMaker.

Scoring: Final results will be posted online at region7usagym.com, centreelitegymnastics.com & meetscoresonline.com

Meet Vendors:

- Centre Elite Team Booster Club
- GK Elite

Equipment: AAI Equipment & matting provided by United Athletic International

Host Hotels:

Holiday Inn Express: 1925 Waddle Road, State College, PA 16803
For reservations please call 814-867-1800 use code XR1 or \$119/ Night

Hampton Inn & Suites: 1955 Waddle Road, State College, PA 16803
For reservations please call 814-231-1899 use code XLR \$129/ Night

SpringHill Suites By Marriot: 1935 Waddle Road, State College, PA 16803
For Reservations please call 814-867-1807. Press 0 at recording & give code XCRP
\$139/ Night

Toftrees Golf Resort: 1 Country Club Ln, State College, PA 16803
For Reservations please call 814-234-8000 use code Centre Elite \$129/ Night

Xcel Regional Championships

Leotard Pre Order Form

This is the official Region 7 Xcel Championship leotard– check website for design. Leotards are not included with registration and they are not required to be purchased or worn during the competition. Leotards may be pre-ordered or purchased on site at the competition.

	Gymnasts Name	Size– Circle One
1		CS CM CL AXS AS AM AL XL
2		CS CM CL AXS AS AM AL XL
3		CS CM CL AXS AS AM AL XL
4		CS CM CL AXS AS AM AL XL
5		CS CM CL AXS AS AM AL XL
6		CS CM CL AXS AS AM AL XL
7		CS CM CL AXS AS AM AL XL
8		CS CM CL AXS AS AM AL XL
9		CS CM CL AXS AS AM AL XL
10		CS CM CL AXS AS AM AL XL
11		CS CM CL AXS AS AM AL XL
12		CS CM CL AXS AS AM AL XL

Team Name: _____

Contact: _____ Email: _____

Total # of Leotards _____ x \$25.00= \$ _____ Enclosed

Orders due by April 13, 2023

Make checks payable to Region 7

Mail form & payment to: Centre Elite Gymnastics– Attn: Heather Kikel
 177 Champion Drive
 State College, PA 16803

Local Dining & Points of Interest

Dining

Olive Garden: 1945 Waddle Road, State College www.olivegarden.com

Outback Steakhouse: 1905 Waddle Road, State College www.outbacksteakhouse.com

Texas Roadhouse: 1885 Waddle Road, State College www.texasroadhouse.com

Cracker Barrel Old Country Store: 215 Colonnade Blvd., State College www.crackerbarrel.com

Otto's Pub & Brewery: 2235 N. Atherton Street, State College www.ottospubandbrewery.com

Barrel 21 Distillery & Dining: 2255 N. Atherton Street, State College www.barrel21distillery.com

The Field Burger & Tap: 1 Country Club Lane, State College www.toftrees.com

Applebees: 12 Colonnade Way, State College www.restaurants.applebees.com

Red Lobster: 1670 N. Atherton, State College www.redlobster.com

Champs Sports Grill: 1611 N. Atherton Street, State College www.champssportsgrill.net

Happy Valley Brewing Company: 137 Elmwood Street, State College www.happyvalleybeer.com

Points of Interest

Nittany Lion Shrine: The Nittany Lion, sculpted from a large block of Indiana limestone by noted sculptor Heinz Warneke, was presented by the class of 1940. Located near the Recreation Building on the Penn State main campus, the Lion Shrine is one of the most popular places on campus & is said to be the most photographed site on campus.

<http://www.psu.edu/ur/about/nittanyshrine.html>

The Berkey Creamery: For over 150 years, the Creamery has been a landmark at Penn State. Some of the biggest names in ice cream making - including Ben & Jerry, Baskin-Robbins & Haagen-Dazs - have attended the Creamery's legendary ice cream short course, held for just 6 days a year, to learn how to craft the perfect ice cream. [Www.creamery.psu.edu](http://www.creamery.psu.edu)

Penn State All Sports Museum: Located in the southwest corner of Beaver Stadium, the Penn State All Sports Museum offers visitors a firsthand look at the athletic history, heritage & traditions of one of the greatest universities in the nation. Take a peak inside Beaver Stadium from the Mount Nittany Club & view the multiple exhibits throughout the two level, 10,000 sq ft facility.

[Www.gopsusports.com/museum](http://www.gopsusports.com/museum)

Downtown State College: Downtown State College is the premier business, cultural & entertainment destination in Centre County. Need retail therapy? The downtown shops feature an eclectic mix of both retail chains & independent local shops. Famished after a day of shopping? The downtown restaurant scene has something for everyone, from the casual diner to the cultured foodie.

2023 Silver Spectacular Admissions Prices

AGES	1 Day	2 Day	Weekend
Ages 5 & Under	FREE	FREE	FREE
Ages 6 & Up	\$20.00	\$30.00	\$50.00
Senior Citizens (over 65)	\$15.00	\$25.00	\$40.00

There will be no free admission or discounts given for USA Gymnastics registered athletes or coaches NOT participating in the 2023 Silver Spectacular or the 2023 Region 7 Xcel Regional Championships. Competitors of the 2023 Silver Spectacular or the 2023 Region 7 Xcel Regional Championships may attend other sessions without charge.