



May 21st – May 22nd



Virginia USAG Gymnastics All-Star State Championships

Paragon would love to congratulate all gymnasts to the 2011 All-Star Championships. We hope you have a wonderful time while in Fredericksburg and look forward to seeing you in May! Please continue to check the Paragon Training Center and VAUSAG websites for continued updates.

Host Club: Paragon Training Center
 (540)548-4966
www.paragongymnastics.com

Meet Director: Rachel Heard
 Please send all inquiries to Steve Garman, VAUSAG State Chairman at
vausag@aol.com

Competition Site: Sports Booth
 18 Blackjack Road
 Stafford, VA 22405
Directions for facility can be found on the directions page.

Awards: Individual and All-Around awards will be presented to each age group at the conclusion of each competitive session.

Coaches Meeting: There will be a coaches meeting at the beginning of each session.

Competition Schedule: Will be posted on www.vausag.com and www.paragongymnastics.com

Directions: Please see the information located on the directions page.

Gate Fees:

Ages	One Day	Two Day
Ages 12 & under	Free	Free
Ages 13 & up	\$10	\$15
Senior Citizens	\$5	\$10

*****All competitors may attend other sessions free of charge. Please have athlete badge with you.*****

Hotel Information: See hotel information on the Paragon Parent Association website.

Results: Results will be posted on the www.vausag.com following the conclusion of the All-Star Meet weekend.

Pro Member USAG Cards: Coaches will be asked to show your USAG Pro-member card at sign-in.



Area Hotel and Restaurants

The following are the locations of hotels and restaurants in the Central Park/Fredericksburg Area.

[Wingate by Wyndham Fredericksburg \(HOST\)](#)



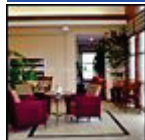
20 Sanford Drive
Fredericksburg, VA 22406 US
Phone: 540-368-8000
Fax:540-368-9252

[Homewood Suites Fredericksburg](#)



Hotel Info: 866-538-1314
average nightly rate \$114

[Residence Inn by Marriott Fredericksburg](#)



Hotel Info: 866-767-0278
average nightly rate \$150

[Kenmore Inn](#)



Hotel Info: 866-538-9298
average nightly rate \$175

[Hilton Garden Inn Fredericksburg](#)



Hotel Info: 866-538-6252
average nightly rate \$101

Restaurants

Asian Bistro
Carrabba's Italian Grill
Chic-Fil A
CiCi's Pizza
Crave Frozen Yogurt
IHOP
McDonalds
Subway
TGI Friday's
Tropical Smoothie

Bonfish Grill
Cheeseburger in Paradise
China Jade
Cracker Barrel
Edible Arrangements
Joe's Crab Shack
Ruby Tuesday's
Sunset Thai
Tito's Diner



Advertising and Good Luck Ads 2011 All-Star State Championships

We are preparing a program book available for purchase especially for the All-Star competitors. This program is viewed by over 500 people during this weekend. The program includes: meet schedule, rotations, judges and gyms competing.

Company/Gymnast Name: _____

Address: _____ City _____ State _____

ZIP _____ Phone: _____ Club Name _____

Email: _____

Good Luck Ads: (Make checks payable to Paragon Parents Association or PPA)

Ex. "Wishing my shining star good luck" from your family.

Full page color: \$100 _____

Full page b/w: \$80 _____

1/2 page color: \$50 _____

1/2 page b/w: \$40 _____

1/4 page b/w: \$25 _____

Company Ads:

Full Page Color Ad: \$125.00 _____

Full Page Black and White Ad: \$100.00 _____

Half Page Color Ad: \$75.00 _____

Half Page Black and White Ad: \$60.00 _____

Quarter Page Black and White Ad: \$40.00 _____

Business Card Black and White Ad: \$30.00 _____

The _____, agree to the above sponsorship/advertising for the All-Star State Meet being held on May 21-22, 2011. I agree to have payments and camera ready art work in to the Paragon Parents Association (PPA) by no later than **May 6, 2011**.

Authorized Signature (Company)

Date

PPA Member Signature

Date

Note: Checks are to be made payable to the Paragon Parents Association and mailed to PPA, ATTN: All-Star 1285 Carl D Silver Pkwy #225, Fredericksburg, VA 22401. Returned checks are charged a \$25 fee per occurrence. Art work and questions may be emailed to: meets@paragonparents.org attention Stacy DiMattio.



General Directions to Sports Booth

From points South of Richmond:

Merge onto I-95 N toward WASHINGTON. Take the CENTREPORT PKWY exit, EXIT 136, toward VA-8900 / US-1 / STAFFORD AIRPORT. Go 0.4 mi and turn RIGHT onto CENTREPORT PKWY. Turn RIGHT onto JEFFERSON DAVIS HWY / US-1 N. Go 1.5 mi and turn LEFT onto BLACKJACK RD. 18 BLACKJACK RD is on the RIGHT. If you reach WAREHOUSE DR you've gone a little too far

From points North of Stafford:

Take I-95 N towards Richmond. Take the VA-630 exit, EXIT 140, toward STAFFORD. Turn LEFT onto VA-630 / COURTHOUSE RD. Turn RIGHT onto JEFFERSON DAVIS HWY / US-1. Turn RIGHT onto BLACKJACK RD. 18 BLACKJACK RD is on the RIGHT. If you reach WAREHOUSE DR you've gone a little too far.

From Central Park/Hotel Locations:

Take I-95 N toward WASHINGTON. Take the CENTREPORT PKWY exit, EXIT 136, toward VA-8900/US-1/STAFFORD AIRPORT. Turn RIGHT onto CENTREPORT PKWY. Turn RIGHT onto JEFFERSON DAVIS HWY/US-1 N. Turn LEFT onto BLACKJACK RD. 18 BLACKJACK RD is on the RIGHT. If you reach WAREHOUSE DR you've gone a little too far.