



SUPER STAR

VAUSAG 2ND MULTI LEVEL 4 & 5 SECTIONAL

**SECTIONAL SESSION
ASSIGNMENTS
FOR PARTICIPATING CLUBS**

GYMNASTICS

14088-K SULLYFIELD CIRCLE
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www.chantillyacademy.com

JANUARY 28, 29 & 30, 2011

ALL SESSIONS WILL BE MODIFIED CAPITAL CUP FORMAT (WARM-UP / COMPETE)

TIMES ARE SUBJECT TO CHANGE BASED ON ADDITIONAL SECTIONAL ENTRIES - CHECK WWW.VAUSAG.COM FOR UPDATES

FRIDAY, JANUARY 28, 2011

SESSION 1: LEVEL 5	
Open Stretch:	5:30PM
March In:	5:50PM
Warm-Up/Comp	6:00PM
Awards:	9:00PM

Assigned Teams & Coaches Required:

Team Name	Levels	Split	# Coaches
APEX	5	12/11	2
ARLINGTON AERIALS	5	12/3	2
ARLINGTON Y ANGELS	5	8	1
CAPITAL	5	9	1
CA GYMSTARS	5	11	1
GMS	5	10/9	2

SATURDAY, JANUARY 29, 2011

SESSION 2: LEVEL 4 & 5	
Open Stretch:	8:00AM
March In:	8:20AM
Warm-Up/Comp	8:30AM
Awards:	11:45AM

Assigned Teams & Coaches Required:

Team Name	Levels	Split	# Coaches
COMPETITIVE EDGE	4 5	7	1
DDC	4 5	4	1
DULLES	4 5	5	1
FAIRFAX ACADEMY	4 5	10	1
FULL FORCE	4 5	5	1
KING GEORGE PATRIOTS	4 5	6	1
LOUDOUN	4	11	1
MAJIK SAINTS	4 5	7	1
PREMIER OLYMPIC	4 5	12	1
SHENANDOAH TUMBLERS	4 5	9	1
WOODS	4 5	9	1

SATURDAY, JANUARY 29, 2011

SESSION 3: LEVEL 4	
Open Stretch:	1:00PM
March In:	1:20PM
Warm-Up/Comp	1:30PM
Awards:	4:30PM

Assigned Teams & Coaches Required:

Team Name	Levels	Split	# Coaches
APOLLO	4	11/7	2
ARLINGTON AERIALS	4	10/10/3	3
GMS	4	11/6	2
WORLD CLASS	4	11/11/5	3

SATURDAY, JANUARY 29, 2011

SESSION 4: LEVEL 4 & 5	
Open Stretch:	5:30PM
March In:	5:50PM
Warm-Up/Comp	6:00PM
Awards:	8:45PM

Assigned Teams & Coaches Required:

Team Name	Levels	Split	# Coaches
ALL AMERICAN	5	8	1
APOLLO	5	9	1
CAPITAL	4	3	1
CLASSICS	5	8	1
FLIPATEERS	4	9	1
GYMINI	5	2	1
LYNCHBURG ACADEMY	4 5	5	1
NVGA	4 5	3	1
STAFFORD	4 5	10/5/6	3
WINDSOR	4 5	5	1

(Session Assignments Continued)

SUNDAY, JANUARY 30, 2011

SESSION 5: LEVEL 4	
Open Stretch:	8:00AM
March In:	8:20AM
Warm-Up/Comp	8:30AM
Awards:	11:15AM



SUNDAY, JANUARY 30, 2011

SESSION 6: LEVEL 5	
Open Stretch:	12:15PM
March In:	12:35PM
Warm-Up/Comp	12:45PM
Awards:	3:30PM



SUNDAY, JANUARY 30, 2011

SESSION 7: LEVEL 4	
Open Stretch:	4:30PM
March In:	4:50PM
Warm-Up/Comp	5:00PM
Awards:	7:00PM



Assigned Teams & Coaches Required:

Team Name	Levels	Split	# Coaches
AERIAL EAST	4	9	1
ALL AMERICAN	4	5	1
CA GYMSTARS	4	11/5	2
HURRICANE	4	11/4	2
RICHMOND OLYMPIAD	4	11/8/4	3
ROANOKE	4	2	1
YOUTH SPORTS	4	11	1



Assigned Teams & Coaches Required:

Team Name	Levels	Split	# Coaches
AERIAL EAST	5	7	1
CARDINAL	5	10/2	2
HURRICANE	5	6	1
PARAGON	5	10/3	2
RICHMOND OLYMPIAD	5	10/10/4	3
RIVER CITY	5	8	1
YOUTH SPORTS	5	6	1



Assigned Teams & Coaches Required:

Team Name	Levels	Split	# Coaches
CARDINAL	4	8/8	2
NOVAKS	4	1	1
PARAGON	4	8/8/8/6	4
RIVER CITY	4	8/3	2

All numbers are based on entry data as of 1/18/11 - Times subject to change based on additional Entries.

Meet Reminders to all Clubs and Coaches:

- 1 - See the www.chantillyacademy.com or www.vausag.com websites for details and results.
- 2 - Mary Thompson - chantillygym@verizon.net is the meet contact and Martha Behrend and Butch Villaflor are the onsite meet directors for the VAUSAG 2nd Multi Sectional Weekend.
- 3 - Please remind parents not to contact the gym for information. All communications should go through your club owners, gym contact or head coaches. Gym Arrival should be no earlier than 15 minutes prior to scheduled session time. Thanks!
- 4 - Coaches are obligated to maintain USA Gymnastics Professional Membership, Safety Certification and Background Checks. In addition, all credentials must be presented upon request at all sanctioned competitions.
- 5 - A Certified Athletic Trainer will be available at all sessions.
- 6 - Please come prepared to enter your state meet following your team's last competitive session. A gym or booster club check made payable to VAUSAG is required.
- 7 - Required number of coaches for each session are indicated in the Session Assignment Listing.
- 8 - Go to www.vausag.com for posting of all Sectional Results.
- 9 - Reminder to all participants: No placement awards are presented at Sectionals. All Around Achievement Awards are presented to all gymnasts based on score.
- 10 - Qualifying Score to State from Sectional - L5: 32.50 All Around (corrected 1/19/11)
Qualifying Score to State from Sectional - L4: 33.00 All Around (corrected 1/19/11)

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