



# 2010 VIRGINIA ALLSTARS STATE CHAMPIONSHIPS

**Meet Site: HURRICANE GYMNASTICS - CHESAPEAKE, VA**

**Go to [www.vausag.com](http://www.vausag.com) for details.**

## **SATURDAY, MAY 15<sup>TH</sup>, 2010**

### **Session 1 – VAOP Novice – Age Groups 6,7, 8 and 9**

Open Stretch	8:30am
March In	8:55am
WU/Compete	9:05am
Awards	12:30pm

### **Session 2 – VAOP Novice – Age Groups 10, 11, 12, 13 and 14 & up**

Open Stretch	1:15pm
March In	1:40pm
WU/Compete	1:50pm
Awards	4:30pm

## **SUNDAY, MAY 16<sup>TH</sup>, 2010**

### **Session 3 – VAOP Intermediate – Age Groups 8-9, 10, 11, 12 and 13**

Open Stretch:	8:30am
March In	8:55am
WU/Compete	9:05am
Awards	11:45am

### **Session 4 – VAOP Intermediate – Age Groups 14 and 15 & up**

#### **VAOP Advanced – ALL Age Groups (9-10, 11, 12, 13, 14, 15 and 16 & up)**

Open Stretch:	12:15pm
March In	12:25pm
WU/Compete	12:35pm
Awards	3:15pm

**THERE ARE NO TEAM AWARDS AT VAOP STATE CHAMPIONSHIPS**