



2010 Level 6 & 7 Virginia State Championships

SATURDAY APRIL 17, 2010

Session 1 - LEVEL 7 – AGES 11JR, 11SR & 14 YEARS

Open Stretch	8:00am
March In	8:25am
WU/Compete	8:35am
Awards	11:30pm

Session 2 - LEVEL 7 - AGES 12JR & 12 SR

Open Stretch	12:00pm
March In	12:25pm
WU/Compete	12:35pm
Awards	2:35pm

Session 3 - LEVEL 7 – AGES 13JR, 13SR, 15, 16 & 17 YEARS

Open Stretch:	3:00pm
March In	3:25pm
WU/Compete	3:35pm
Awards	5:15pm

Session 4 - LEVEL 7 – AGES 8, 9 & 10 YEARS

Open Stretch:	5:45pm
March In	6:10pm
WU/Compete	6:20pm
Awards	8:10pm

L7 TEAM AWARDS TO FOLLOW SESSION 4 AWARDS

SUNDAY, APRIL 18, 2010

Session 5 - LEVEL 6 - AGES 11JR, 11SR & 13 YEARS

Open Stretch:	8:00am
March In	8:20am
WU/Compete	8:30am
Awards	11:30am

Session 6 - LEVEL 6 - AGES 8 YRS, 9 YRS, 10JR & 10SR

Open Stretch:	12:00pm
March In	12:20pm
WU/Compete	12:30pm
Awards	2:30pm

Session 7 - LEVEL 6 - AGES 12JR, 12SR, 14, 15 & 16 YEARS

Open Stretch:	3:00pm
March In	3:20pm
WU/Compete	3:30pm
Awards	6:00pm

L6 TEAM AWARDS TO FOLLOW SESSION 7 AWARDS

**ATTENTION COACHES & CLUBS:
PLEASE SEE CLUB'S TEAM ROSTER
ONLINE AT WWW.VAUSAG.COM
FOR YOUR ATHLETES
AGE & SESSION ASSIGNMENTS.**



