

2009 Level 8, 9, & 10 Virginia State Championships Session Times

Revised March 10th

Saturday, March 28th

Session 1	8:30 AM	Stretch
Level 8	12:30 PM	Awards
Ages 12 & Younger (61)		

Session 2	1:00 PM	Stretch
Level 8	4:45 PM	Awards
Ages 13 & 14 (65)		

Session 3	5:00 PM	Stretch
Level 8	7:45 PM	Awards
Ages 15 & Older (41)		

Sunday, March 29th

Session 4	8:30 AM	Stretch
Level 9	11:45 AM	Awards
Ages 14 & Younger (50)		

Session 5	11:45 AM	Approximate Stretch
Level 9	2:45 PM	Awards
Ages 15 & Older (46)		

Session 6	2:45 PM	Approximate Stretch
Level 10	6:00 PM	Awards
All (55)		

*Subject to change
due to scratches
and late entries*



*Check for updates
at vausag.com*