



2008 Region 7 Level 10 Championship

Hosted by World Class Gymnastics on April 26-27, 2008

Meet Information

Location: The meet will be held at The Freeman Center at Christopher Newport University
1 University Place
Newport News, VA 23606

Directions to the Freeman Center:

Take I-64 East to Exit 258-A, J. Clyde Morris Boulevard South (Rt. 17). Continue straight for 2.8 miles. Turn right onto Warwick Boulevard/US 60. Continue 0.4 miles. Turn left onto University Place. Take the first left so that The Freeman Center is on your left and parking is on the right.

Session Schedule (subject to change) **revised 4/15/08**

Saturday, April 26, 2008

Session 1: Junior A and B (44 gymnasts)
11:15 Coaches Meeting
11:30 Open Stretch
12:00 March In
3:00 Awards

Session 2: Junior C and D (49 gymnasts)

3:15 Coaches Meeting
3:30 Open Stretch
4:00 March In
7:00 Awards

Sunday, April 27, 2008

Session 3: Senior A and B (63 gymnasts)
9:15 Coaches Meeting
9:30 Open Stretch
10:00 March In
2:00 Awards

Session 4: Senior C and D (44 gymnasts)

2:15 Coaches Meeting
2:30 Open Stretch
3:00 March In
6:00 Senior Ceremony and Awards

Admission Fees: Per day - Adults \$10, Children \$5, Under 3 years old free.

Coaches and Judges: Hospitality at the meet and plan on a party Saturday night for coaches and judges.

Floor Music: CD's, if a copy, must be in CD-R format. CD-RW will not work.

Senior Biography Information: All graduating seniors should complete the Senior Biography form, and fax it to (757) 595-1194 no later than Friday, April 11, 2008.

Host Hotel: The Newport News Marriott at City Center is a great hotel in the middle of the new City Center, which is filled with shops and restaurants, and is only minutes from the meet site. They are offering the rate of \$99 per night if you ask for "L10 Regionals" and make your reservation before March 26, 2008, by calling 1-866-329-1758. If space is still available after March 26, 2008, they will extend the rate. Address: 740 Town Center Dr. Newport News, VA 23606. *Thanks to the Newport News Marriott at City Center for being a supporter of the Regional Championship.*

Clinic: *Team 7 Edge Clinic* is held on Monday, April 28, for all National qualifiers at World Class Gymnastics.

Airports: Newport News/Williamsburg International Airport (PHF) is less than 10 minutes from the host hotel. Norfolk International Airport (ORF) is approximately 45 minutes from the host hotel.

For meet updates, go to www.worldclassgym.com.

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